



"Camp Recreation"

Day Camp Programming

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Camp Director

Camp Heatwave/City of Temple

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Goals:

- *Help campers meet new friends*
- *Give campers an awesome camp experience*
- *Help campers develop camping skills*
- *Help campers experience a wide range of recreation activities*
- *Help campers develop lasting friendships*
- *To teach campers teamwork*
- *Teach campers life skills*
- *Teach campers leadership skills*

Elements of a Day Camp (stuff that make them special)

(A) Camper age group names:

- *Pines.....5/6 year old campers (Coed)*
- *Grove.....7-9 year old Boys*

- *Hill.....7-9 year old Girls*
- *Ledge.....10 & up Girls*
- *Ridge.....10 & up Boys*

(B) Daily Stuff:

- *Free Time (Organized Station Games/Boucce/Disc Golf/Four square)*
- *Opening Circle (welcome/Code of Conduct/Explanation of the day)*
- *Songs (Camp Songs/Large group Activities/Group departures)*
- *Huddle-Up (End of day/Feedback)*
- *Lunch Time Activities (Staff and Campers Lead)*
- *Group Games*
- *Activity or Sport/Teaching Session*
- *Daily Trips*
- *Special Event (Staff and Campers)*
- *Group Division & Community*
- *Schedule*

Programs that make our Day Camp Special

- *Archery*
- *Scuba Diving*
- *Swimming*
- *Canoeing*
- *Outpost*
- *Adventure Bound (State Parks)*
- *Inter-Camps*
- *Sport Camps*
- *Camp-Outs*
- *Campfire...on Monday's with a theme*
- *WWF*
- *Skating*
- *Disc Golf*
- *Bowling*
- *Staff Hunt*

- *Angler Education*
- *Outdoor Living Skills...(cooking/Knots/Orienteering)*
- *Socials/Dances.... Thursday's*
- *Racquetball*
- *Pickle ball*
- *Lions Junction Water Park*
- *State Park Adventure Days*
- *Wilson Cup Challenge (WCC/Color Wars)*
- *Challenge Day (Spring Break)*
- *Mr. & Miss Heatwave.....Staff Dress Up*
- *Movement Show*
- *Fashion Show*
- *Talent Show*
- *Adventure Hour*
- *Dinosaur Egg Hunt Festival*
- *Game Show Mania*
- *Sing off*
- *Play Dough Charades*
- *Kick The can*
- *Noodle Mania*
- *Sprout Ball*

City of Temple Camps

- *Camp Explore...one day camp for teacher in-service or student Holiday's*
- *Camp Holidaze....Christmas Camp*
- *Camp Adventure....Spring Break Camp*
- *Camp Heatwave/Quest/horizon....Summer Camps*
- *Smores and More Challenge Camp-Out...Weekends during the year*
- *Home School Day Camp*

Lunch Time Activities

Defined: *Before campers go back to active activities in the afternoon, they need to let the food settle, so at our camp I created lunch time activities that last about 45 minutes (12:15-1:00).*

Activities:

- *Wheat Tree*
- *Staff Nicknames*
- *Songs*
- *Staff Hunt*
- *Movie Trivia*
- *Story Time*
- *Camper Charades*
- *Picture Guess*
- *Karaoke Lunch*
- *Guessing Box*
- *360*
- *Cone Feet Exchange Relay*
- *Guess Sound*
- *Pencil Passing*

Inter-Camp Explanation

(Building group community with other camps through Sports & Large group Activities)

Defined:

- *Camp Networking*
- *Teach Games or Group Activity*
- *Friendly Fun Competition*
- *Community & Friendship*
- *Sportsmanship*
- *Most Inter-Camps are Modified*

Activities:

- *Kickball*
- *Newcomb*
- *Badminton*
- *7 on 7 Football (Girls or Boys)*
- *Ultimate Frisbee*
- *Beach Volleyball*
- *Tennis*

- *Steal the bacon*
- *Chase Race*
- *Capture The Flag*
- *All Across*
- *Human Tic Tac Toe*
- *Line up.....Shapes/Letters*
- *Newspaper Volley*
- *Sprout Ball with Elimination*

Example of Schedule:

9:00

- *Pines.....Chase Race*
- *Hill.....Steal the Bacon*
- *Grove.....Kick Ball*
- *Ledge..... 7on7*
- *Ridge.....Capture the flag*

10:30

- *Pines.....Steal the Bacon*
- *Hill.....Chase Race*
- *Grove.....Newcomb*
- *Ledge.....Beach volleyball*
- *Ridge.....7on7*

12:00 Lunch & Lunch Time Activities

12:30 Staff Game

1:00 Songs/Social/Large Group Activities

2:00 Inter-Camp Ends

Note: Need some of the events or programs explained further? Need your staff trained on some of the events or programs? Give me a call or drop me an email.

